

## CHEMICAL COMPOSITION AND NUTRITIONAL EVALUATION OF SOYBEAN MEAL

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### Abstract

*Soybean represent the most important protein source for poultry and swine rearing but its producing in Romania and even in Europe is at a quite low level face to demands. To obtain complete mixed fodders are recurred imports from other world countries where are cultivated different soybean sorts under different pedo-climatic conditions, fact which made that products entered on Romanian market to present a great variability regarding chemical and nutritional features. In the current paper we analysed from chemical and nutritional point of view the quality of 10 soybean lots imported from Brazil. Besides basic chemical analysis were effectuated analysis to determine content in amino acids which allow a further protein nutritional evaluation by calculating chemical indices, essential amino acids index, protein efficiency rate, biological value and nutritional index. Proteins' nutritional evaluation from analysed soybean meal was realised using as etalon egg protein, amino acids requirements for swine, for broiler chickens and adult persons. Chemically speaking analysed soybean meal had values into limits imposed by literature (90.1% DM, 41.24% CP, 2.47% CF, 4% CA, 4.8% Ash and 37.59% NES). Nutritional evaluation show that analysed soybean meal lots had a good content in protein and even more, a good content in amino acids. This conclusion resulted because EAAl was >0.70, PER was >2.7 and P-BV was >70%.*

**Key words:** soybean meal, nutritional evaluation, amino acids, biological value.

### INTRODUCTION

Known and cultivated with thousands years ago, soybean was considered, in origin areas from Asia, as a “holy” plant. Idolizing from those ages was transformed during time into an incontestable recognition of its value among plants with an agricultural importance and not only, making that soybean to be considered as “plant of the future” being presented nowadays on all continents. Soybean crop was imposed by its remarkable value being utilised as fodder, oleaginous source, protein source and raw material source for certain industries. Soybean is the leguminous whit the highest content in essential amino acids, which are into a better equilibrium, in comparison with other leguminous and with some animal products (Stan et al., 2005; Halga et al., 2005; Pop et al., 2006).

In according with Stoica (2001), soybean “plant of the future”, as it is characterized by experts’ in human nourishment have a high protein

content (32-35%), fat (16-20%), non-nitrogenous extractive substances (24-30%) and a not such higher content in crude cellulose (8-9%). Protein from soybean is mainly composed by glycine, which due to its features is quite similar with milk casein. Can be soluble in phosphohydric environments and could be re-synthesised in acid environment.

Soybean meal represent the most important protein source for poultry and swine rearing but unfortunately in Romania and even in Europe it is a quite low level face to consumption. To obtain complete mixed fodders are recurred imports from different world areas (USA, Argentina, China, Brazil) where are cultivated different soybean sorts in different pedo-climatic conditions fact which made that products entered on Romanian market to present a great variability regarding chemical and nutritional features.

Literature which has tables with nutritive values for raw fodder material (NRC, 1994; FEDNA, 2010; Rostagno et al., 2011) present

generally nutritive value for soybean meal and amino acids profile but without having in view the influence of sort, provenance area or processing conditions on chemical composition (Serrano et al., 2012).

In establishing of recipes for mixed fodders beside crude protein content is taking in account also amino acids content, parameters which are quite variable function of source and implicitly by sort (Irish et al., 1993; Dudley-Cash, 1997). In this context, was proved that many factors could affect chemical composition of soybean meal such as gene-type (Cromwell et al., 1999; Palacios et al., 2004), soil type, latitude, localization and environmental conditions (van Kempen et al., 2002; Goldflus et al., 2006; Thakuret et al., 2007), source and origin country (Waldroup et al., 1985; Parsons et al., 1991; Karr-Lilienthal et al., 2004; de Coca-Sinova et al., 2008). Having in view the above mention things by the current paper we aimed to analyse from chemical and nutritional point of view several soybean meal imported from Brazil, by one of the largest importers from Romania.

## MATERIALS AND METHODS

Analyses were effectuated on soybean meal samples imported from Brazil. The analysed material was constituted by 10 samples which were gathered from 10 imported lots of soybean meal. From each lot was gathered a number of samples and after that was formed an average sample in according with Regulation (EU) nr. 691/2013 (Murariu et al., 2013). Chemical composition was established as follows: determination of dry matter was realised using AOAC nr. 925.30 method (AOAC, 1990; Bențea et al., 2015; Lazăr et al., 2015), and water content was the difference in according with the formula:  $\text{Water}(\%) = 100\% - \text{DM}(\%)$ ; protein content was calculated by multiplication of total nitrogen content with 6.25, and for determination of total nitrogen was utilised Kjeldah method in according with AOAC nr. 925.31 method (AOAC, 1990; Szakacs et al., 2016; Lazăr et al., 2014a); content in lipids was determined by Soxhlet method in conformity with AOAC nr. 925.32 method (AOAC, 1990; Bențea et al., 2013; Lazăr et al., 2014b); content in total mineral

substances was realised by samples' carbonization and after that their calcinations in according with AOAC 900.02 method (Lazăr et al., 2013); non-nitrogenous extractive substances were calculated by difference in according with the formula:  $\text{NES}(\%) = 100\% - (\text{Water}\% + \text{Ash}\% + \text{CP}\% + \text{CF}\%)$  (Stoica et al., 2001; Dolișet et al., 2018).

Determination of amino acids was done by liquid chromatography which presumed the detachment of amino acids from protein molecule by utilisation of acid hydrolysis. Amino acids are determined after derivation of samples orthophtalaldehyde and detection at 338  $\mu\text{m}$ . Method was realised in conformity with SR EN ISO 13903:2005 standard, calculus for concentration being made by rating of drops' area to calibration curve.

The results of analysis were processed being statistically calculated position and variation estimators (arithmetic mean, standard deviation of mean S and variation coefficient V%) (Sandu, 1995; Doliș et al., 2017; Lup et al., 2017).

For determination of soybean meal energetic value was realised the calculus of calorificity using the theoretical formula based on quantity of gross energy liberated at burning of 1 g of proteins, fats and carbohydrates in calorimeter bomb, in concordance with the relation:  $\text{GE} (\text{kcal}/100 \text{ g}) = 5.70 \text{ kcal} \times \text{g proteins} + 9.50 \text{ kcal} \times \text{g fat} + 4.2 \text{ kcal} \times \text{NES}$  (Stoica et al., 2001; Halga et al., 2005; Simeanu, 2017).

Quality of proteins was appreciated with chemical methods which evaluate their value on the basis of content in essential amino acids. At the end of amino acids determination, appreciation was done by calculating the chemical indexes, relating amino acids of studied protein to the ones from etalon protein (Stoica et al., 2001; Marin et al., 2013; Simeanu, 2015; Mierliță et al., 2018):

$$\text{CI} = \frac{\text{content in amino acid A of studied protein}}{\text{content in amino acid A of etalon protein}} \times 100.$$

The nutritional values were referred to the whole egg protein amino acid standard (Standard 1: Lysine - 7, Methionine+Cysteine - 5.7, Threonine - 4.7, Isoleucine - 5.4, Tryptophan - 1.7, Valine - 6.6, Leucine - 8.6, Histidine - 2.2, Phenylalanine+Tyrosine - 9.3;

EAA=51.2 g/16 g N (NRC, 1989)), the standard for mature human (Standard 2: Lysine - 5.5, Methionine+Cysteine - 3.5, Threonine - 4, Isoleucine - 4, Tryptophan - 1, Valine - 5, Leucine - 7, Phenylalanine+Tyrosine - 6; EAA=36 g/16 g N (FAO/WHO, 1991; FAO, 2007; Murariu et al., 2018)) and to two different standards for animal feeding. The protein usability for animal feeding was estimated on the basis of standard for 20-50 kg growing pigs (Standard 3: Lysine - 7, Methionine+Cysteine- 3.6, Threonine - 4.5, Isoleucine - 4, Tryptophan - 1.2, Valine - 5.2, Leucine - 8, Histidine - 2.5, Phenylalanine + Tyrosine - 8; EAA=44 g/16 g N (Boisen et al., 2000; Marin et al., 2016; Mierliță et al., 2018)) as well as the standard for 6-8 weeks chicken broilers (Standard 4: Lysine - 4.7, Methionine+Cysteine - 3.3, Threonine - 3.8, Isoleucine - 3.4, Tryptophan - 0.9, Valine - 3.9, Leucine - 5.2, Histidine - 1.5, Phenylalanine+Tyrosine - 5.8; EAA=32.5 g/16 g N (NRC, 1994; Murariu et al., 2013; Mierliță et al., 2018)).

After calculation of chemical indexes for essential amino acids we calculated Oser index (Oser, 1959) or EAAI (*Essential Amino Acid Index*) (Sujak et al., 2001; Kotlarz, 2011; Simeanu, 2015, Simeanu et al., 2017):

$$EAAI = \sqrt[n]{CI1 \times CI2 \times CI3 \times \dots \times CIn}$$

Protein efficiency ratio (PER) of soybean meal was calculated according to the equations developed by Alsmeyer et al., 1974: PER = 0.06320 [X<sub>10</sub>] - 0.1539, where X<sub>10</sub> = Threonine + Valine + Methionine + Isoleucine + Leucine + Phenylalanine + Lysine + Histidine + Arginine + Tyrosine.

Biological value (BV) was calculated in conformity with the method described (Oser, 1959; Marin et al., 2017; Mierliță et al., 2018), in according with the following relation:

$$BV = 1.09 (EAAI) - 11.7.$$

Nutritional index (NI) for analysed soybean meal was calculated in according with the formula described by Crisan and Sands (Crisan et al., 1978; Mierliță et al., 2018):

$$NI (\%) = \frac{EAAI \times \% \text{ protein}}{100}$$

## RESULTS AND DISCUSSIONS

Chemical composition and urease activity of analysed soybean meal are presented in Table 1. The obtained results show the fact that analysed soybean meal have a chemical composition close to the one presented in literature (Halga et al., 2005; Valencia et al., 2008; 2009; Stefanello et al., 2016) (Table 1).

Table 1. Chemical quality indicators of soybean meal

Trait	Means (%)	±Mean error	V%	Min.	Max.
Water	9.9	0.05	1.69	9.60	10.20
Dry matter	90.1	0.05	0.19	89.80	90.40
Organic matter	85.3	0.07	0.26	84.90	85.67
Gross energy (kcal/kg)	4290	6.82	0.54	4250.66	4329.34
Proteins	41.24	0.21	1.59	40.50	42.40
Lipids	2.47	0.02	2.74	2.31	2.54
Crude fibre	4.00	0.05	3.69	3.72	4.15
Crude ash	4.80	0.05	3.06	4.60	5.08
Calcium	0.38	0.01	7.41	0.33	0.41
Phosphorous	0.65	0.01	5.42	0.61	0.70
NES	37.59	0.16	1.34	36.81	38.21
Urease activity (mg N/g)	0.042	0.001	5.95	0.04	0.04

Speaking about dry matter content could be observed that the obtained value was 90.1±0.05%; being quite good and placed into the limits founded in consulted literature (88-92.1%).

Protein content of analysed soybean meal wasn't a very good one because the value of 41.24±0.21% even if was into the limits

imposed by literature (40.4-43.5%), was placed at the lower side of the interval.

Speaking about proteins the analysed soybean meal wasn't one with a very good quality but regarding crude fat content we noticed that the obtained value 2.47±0.02% is with around 60% higher than the one reported by Halga et al. (2005), which made that analysed soybean

meal to have a good energetic value (4290 kcal GE/kg).

Also, at those energetic value also contributes non-nitrogenous extractive substances which had a value of  $37.59 \pm 0.16\%$ , with around 20% higher than the values founded in consulted literature.

About crude cellulose content, the analysed soybean meal had only  $4 \pm 0.05\%$  while the values from literature are higher (4.48-6%).

Urease activity index was very low  $0.042 \pm 0.001$  mg N/g, value which indicates a correct applied thermal treatment to soybean grains in order to inhibit the anti-nutritional factors. The value of variation coefficient of only 5.95% indicates a constant process for obtaining a good quality soybean meal in the processing unit.

Chemical analysis for studied soybean meal continued with determination of amino acids content, which is presented in Table 2.

Table 2. Amino acids content of soybean meal

Aminoacids	Mean (g/100 g)	±Meanerror	V%	Min.	Max.
Tryptophan	0.558	0.009	5.37	0.512	0.611
Threonine	1.644	0.026	5.01	1.524	1.760
Isoleucine	1.911	0.032	5.26	1.791	2.071
Leucine	3.153	0.029	2.89	3.024	3.316
Lysine	2.635	0.043	5.19	2.427	2.815
Methionine	0.536	0.008	4.78	0.506	0.584
Phenylalanine	2.180	0.029	4.28	2.031	2.319
Valine	2.040	0.019	3.01	1.968	2.137
Histidine	1.148	0.009	2.48	1.107	1.198
Arginine	2.928	0.036	3.85	2.794	3.137
Glycine	2.048	0.021	3.25	1.913	2.135
Serine	2.378	0.021	2.80	2.273	2.451
Tyrosine	1.489	0.021	4.55	1.412	1.627
Cysteine	0.657	0.008	3.99	0.618	0.687
ΣAA essential	19.389	-	-	-	-

Sum of essential amino acids in case of analysed soybean meal samples was 19,389 g/100 g, value which is with 1.2% higher than sum of essential amino acids presented by Steffanelo et al, in 2016 but with 6.6% lower than the value reported by Halga et al., in 2005. Nutritional values of proteins from analysed soybean meal (EAA, CS, EAAI, BV and NI) were calculated based on nutritional standards for broiler chickens aged 6-8 weeks (NRC, 1994, Mierliță et al., 2018) and nutritional standard for rearing of swine with a corporal

mass between 20 and 50 kg (Boisen et al., 2000; Mierliță et al., 2018). The analysed soybean meal was compared with standards based on nutrients necessary for adult (FAO/WHO, 1991; Simeanu, 2015; Simeanu et al., 2017; Mierliță et al., 2018).

Content in essential amino acids related to protein content (in g/16 g N equivalent with g/100 g protein) of studied soybean meal and chemical indexes calculated function of mentioned standards are presented in Table 3.

Table 3. Amino acids content and chemical indexes for studied soybean meal

Aminoacids (g/16 g N)		Chemical indexes			
		Standard 1	Standard 2	Standard 3	Standard 4
Tryptophan	1.353	79.59	135.31	112.75	150.34
Threonine	3.986	84.82	99.66	88.59	104.91
Isoleucine	4.631	85.77	115.79	115.79	136.22
Leucine	7.645	88.90	109.22	95.57	147.03
<b>Lysine</b>	<b>6.389</b>	<b>91.28</b>	<b>116.17</b>	<b>91.28</b>	<b>135.95</b>
<b>Methionine + Cystine</b>	<b>2.893</b>	<b>50.75</b>	<b>82.65</b>	<b>80.36</b>	<b>87.66</b>
Phenylalanine + Tyrosine	8.899	95.69	148.32	111.24	153.43
Valine	4.947	74.95	98.93	95.13	126.84
Histidine	2.784	126.53	-	111.35	185.58
EAA	43.527	-	-	-	-

Protein from analysed soybean meal is characterized by a low value in comparison with animal origin protein. This fact is confirmed in the current study by content in exogenous amino acids (EAA) which is 43.527 g/16 g N, value with around 15% lower than content in amino acids in hen egg which was taken as standard (NRC, 1989; Mierliță et al., 2018; Simeanu et al., 2017).

Calculation of chemical indexes by relating to standard protein from egg show the fact that the most reduced chemical index is the one for methionine and cystine (50.75%) and the highest one for histidine (126.53%); otherwise, chemical index for histidine was the only one which passed the level of 100.

In case of calculation of chemical indexes by relating to standard protein for chicken broilers aged 6-8 weeks, we observed that only in case of methionine and cystine the value was under the level of 100. This fact enlighten that tiamino acids from soybean meal became limitative in chicken broiler rearing so it must be utilised synthetic methionine and cystine to balance the amino acids share.

The same aspect was observed also in case of chemical indexes calculated by relating to standard protein for piglets with 20-50 kg corporal mass where chemical index for methionine and cystine was 80.36 – the lowest value from all chemical indexes calculated for swine. At this animals' breed and category was observed that are more amino acids which not fulfil the demands fact which impose that

soybean meal to be used in mixture with other fodder raw materials so to be well covered the requirements. For this category of swine is imposed utilisation of synthetic amino acids (L-Lysine, DL-Methionine and L-Threonine) in making of mixed fodders.

Sulphuric amino acids are limitative also in case in which such a soybean product will be used in adult human nourishment. From this reason is mandatory that soybean products to be used in human nutrition only in association with those foods which have a better content in methionine, such as rice.

Nutritional value for protein from analysed soybean meal is presented in Table 4.

After applying the formulas for appreciation of proteins' nutritional value from analysed soybean meal we observed, once more, that this one represent a good protein source for chicken broilers (EAAI=133.64%, P-VB=133.96 and NI=55.11%).

Analysed soybean meal could be a good protein source for pigs with a corporal mass between 20 and 50 kg because calculated values were lower than the ones calculated for chickens with 25.55% for EAAI%, 27.78% for P-VB and with 25.54% for NI%. This fact is due to the lower content in sulphuric amino acids ( $CS_{Met+Cys}=80.36$ ).

Regarding the comparison with standard for adult persons, we observed that this soybean product covered well the necessary for amino acids – EAAI%=11.58 and P-BV=109.92.

Table 4. Proteins' nutritional values of studied soybean meal

Specification		Standard 1	Standard 2	Standard 3	Standard 4
P-PER	2.859	-	-	-	-
EAAI (%)	-	84.36	111.58	99.49	133.64
P-BV	-	80.25	109.92	96.74	133.96
Nutritional index (%)	-	34.79	46.02	41.03	55.11

<sup>1</sup>Based on egg standard (NRC, 1989);

<sup>2</sup>Standard based on nutrient requirement for mature human (FAO/WHO 1991);

<sup>3</sup>Standard based on nutrient requirement for growing pigs 20-50 kg (Boisen et al., 2000);

<sup>4</sup>Standard based on nutrient requirement of 6-8 weeks chicken broilers (NRC, 1994);

P-BV - Predicted-Biological Value; P-PER - Predicted-Protein Efficiency Ratio.

Having in view the above presented values we could affirm about analysed soybean meal that have a good content in protein, and more over, a good content in amino acids. This conclusion could be generated because, nutritional a protein source with a good value is when essential amino acids index (EAAI) is >0.70,

protein efficiency rate (PER) is >2.7 and predicted biological value (P-BV) is >70% (Mierliță, 2018). Even if analysed soybean meal had a good protein and essential amino acids content, however couldn't be utilised in nourishment of young animals without addition of synthesis amino acids.

## CONCLUSIONS

Research realised on 10 imported soybean meal lots shown that chemically speaking the analysed soybean meal had values into limits imposed by literature (90.1±0.05% DM, 41.24±0.021% CP, 2.47±0.02% CF, 4±0.05% CC, 4.8±0.05% C.Ash and 37.59±0.16% NES), and lots were very homogenous (V%=0.19-7.41). Urease activity index was very low 0.042±0.001 mg N/g, value which indicate a correct thermal treatment applied to soybean grains to inhibit anti-nutritional factors.

Appreciation of proteins' nutritional value from analysed soybean meal shown, once more, that this one represent a good protein source for chicken broilers aged 6-8 weeks (EAAI=133.64%, P-VB=133.96 and NI=55.11%) and a good protein source for pigs with a corporal mass between 20 and 50 kg because the calculated values were lower than the ones calculated for chickens with 25.55% for EAAI%, 27.78% for P-VB and with 25.54% for NI%.

This fact is due to the lower content in sulphuric amino acids ( $CS_{Met+Cys}=80.36$ ). Even if analysed soybean meal had a good content in proteins and essential amino acids, however couldn't be utilised in nourishment of young animals without addition of synthesis amino acids.

Regarding the comparison with standard for adult persons, we observed that this soybean product covered well the necessary for amino acids – EAAI%=11.58 and P-BV=109.92.

Having in view the above presented values we could affirm about analysed soybean meal that have a good content in protein, and more over, a good content in amino acids because essential amino acids index (EAAI) is >0.70, protein efficiency rate (PER) is >2.7 and predicted biological value (P-BV) is >70%.

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